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Joan Peterson is the Publisher (Ginkgo Press) of the EAT SMART series of guidebooks designed for travelers and cookbook lovers. To date she has written guides to the cuisines of Brazil, Turkey, Indonesia, Mexico, Poland, Morocco, Sicily, India, Peru, and Norway.

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Eat Smart in Brazil: How to Decipher the Menu, Know the Market Foods & Embark on a Tasting Adventure? is a paean to Brazilian cuisine. It contains a rich historical perspective on the origins and varieties of Brazilian food and extensive background on the delectable regional dishes.

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Eat Smart in Brazil is a 2006 Foreword INDIES Book of the Year Award finalist in Travel Guides (Adult Nonfiction). An informative & comprehensive guide to Brazil's cuisine to help travelers enjoy her culinary delights

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